

# BIBLIO TECAS FDC

**FDC**

*Para ser relevante.*

## Levantamento Bibliográfico

**Janeiro/2021**

**ASSUNTO:**

Levantamento de artigos, em inglês, sobre a relação entre “character development” e “health”.

SOLICITANTE	PERÍODO DE COBERTURA	LÍNGUA	PRAZO DE ENTREGA
Confidencial	2006-2021	Inglês	22/01/2021

## ▪ FORAM ENCONTRADAS 05 FONTES

### ARTIGOS EM JOURNALS INTERNACIONAIS

BAVARIAN, Niloofar; LEWIS, Kendra M.; ACOCK, Alan; DUBOIS, David L.; YAN, Zi.; VUCHINICH, Samuel; SILVERTHORN, Naida; DAY, Joseph; FLAY, Brian R. Effects of a school-based social-emotional and character development program on health behaviors: a matched-pair, cluster-randomized controlled trial. **The journal of primary prevention**, v. 37, n. 1, p. 87-105, feb. 2016.

*ABSTRACT: There is considerable research that suggests that school-based social-emotional programs can foster improved mental health and reduce problem behaviors for participating youth; in contrast, much less is known about the impact of these programs on physical health, even though some of these programs also include at least limited direct attention to promoting physical health behaviors. We examined the effects of one such program, Positive Action (PA), on physical health behaviors and body mass index (BMI), and tested for mediation of program effects through a measure of social-emotional and character development (SECD)...*

CLONINGER, C. Robert. The science of well-being: an integrated approach to mental health and its disorders. **World Psychiatry**, v. 5, n. 2, p. 71-76, jun. 2006. DOI

*ABSTRACT: Psychiatry has failed to improve the average levels of happiness and well-being in the general population, despite vast expenditures on psychotropic drugs and psychotherapy manuals. The practical failure of psychiatry to improve well-being is the result of an excessive focus on stigmatizing aspects of mental disorders and the neglect of methods to enhance positive emotions, character development, life satisfaction, and spirituality. In this paper, a simple and practical approach to well-being is described by integrating biological, psychological, social, and spiritual methods for enhancing mental health. Evidence is presented showing that people can be helped to develop their character and happiness by a catalytic sequence of practical clinical methods.*

CLONINGER, C. Robert; ZOHAR Ada H. Personality and the perception of health and happiness. **Journal of Affective Disorder**, v. 128, n. 1-2, p. 24-32, jan. 2011. DOI 10.1016/j.jad.2010.06.012.

*ABSTRACT: Health is a state of physical, mental, and social well-being. Personality traits measure individual differences in adaptive functioning and mental health, but little is known about how well personality accounts for health's affective aspects (i.e., "happiness") and its non-affective aspects (i.e., "wellness") in the general population...*



REZI, Pajrl; RITONGA, Mahyudin; LAHMI, Ahmad; WAHYUNI, Sri; ARMALENA; YETMANELI; LASARI, Yufi Latmini. Mental health and adolescents character development islamic perspective. **European Journal of Molecular & Clinical Medicine**, v. 7, n. 11, p. 235-240, 2020. Disponível em: [https://ejmcm.com/article\\_5044.html](https://ejmcm.com/article_5044.html). Acesso em: 21 jan. 2021.

*ABSTRACT: Mental health is the most important aspect that humans must have, not a few among people who are physically fit but suffer from mental illness. This study analyzed the concept of mental health from the Daradjat perspective in developing adolescent character and the influence of religion on mental health in developing adolescent character. To achieve the objectives of this study, a study of literature related to the research theme was used, therefore the source of this research was Daradjat's works, both directly related to mental health and other fields, the data obtained from these sources were analyzed using a semiotic approach. Based on the results of the study, it is known that the mental health resources offered by Daradjat are those from religion, if humans practice their religion properly and correctly, they will have a healthy mentality. Adolescents as individuals often experience mental illness which results in damaged character, adolescent character can be fostered with a religious approach, mentality and character have an inseparable relationship with one another.*

SNYDER, Frank J. Socio-emotional and character development: a theoretical orientation. *Journal of character education*, v. 10, n. 2, p. 107–127, 2014. Disponível em: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4605220/>. Acesso em: 21 jan, 2021.

*ABSTRACT: More and more researchers are studying socio-emotional and character development (SECD). The rise and progress in SECD research is encouraging, but there is a critical issue with such a multidisciplinary and fast-developing field: SECD research and evaluation can be more consistent to prevent heterogeneity in definitions and disparate theoretical, measurement, and program models. After summarizing SECD-related literature, I recommend the theory of triadic influence (TTI) as a force to generate consistency and a resource to assist in guiding the design and evaluation of SECD-related programs. The theory fills a gulf in the literature that seeks an ecological theory aligned with SECD-related programs and etiology.*

